

The SNAC Program

Press Release

February 7, 2011

Chichester duPont Foundation Supports the Wellnet's SNAC Program

Working to improve children's health through good nutrition is a shared goal of many parents, teachers and community members. The Chichester DuPont Foundation has recently donated \$18,000 to the Delmarva Community Wellnet Foundation in order to support the Wellnet's SNAC Program. The SNAC program (School Nutrition Advisory Committee) is a community outreach service to improve children's health through nutritional education in the classroom and at school meetings and festivals. The heart of the program is the family dining experience. At PTO events, teachers, students and their families eat healthy foods that have been a part of the lesson plans. Dining together brings the lesson to life and make the experience richer, and the lesson more permanent. This year, with the generosity of the Chichester duPont Foundation, the SNAC Program will be able to donate a greenhouse to its host school, where SNAC program lessons will integrate with state science, math and social studies curriculum while also producing some of the food prepared and eaten by families at community events. By enhancing their relationship to food in their own greenhouse at school, children and their families will have a deeper opportunity to learn about where their food comes from, how various fresh foods grow, and unique ways to prepare fresh vegetables for dinner or snacks. We all know that fresh wholesome food can contribute to good health. The Wellnet's SNAC program lets families experience this lesson first-hand.

On Tuesday February 8, 2011, the parents and teachers at Southern Delaware School of the Arts held their annual spaghetti dinner fundraiser for the PTO. The Delmarva Community Wellnet Foundation was there too, providing nutrition education and preparing wholesome fresh food that children and their families tried along with the spaghetti. With the help and guidance of SDSA fourth grade teachers Ms. Grise and Ms. Camper, the SNAC program is administering fun, interactive nutrition education lessons at lunchtime with the help of program director, naturopathic Dr. Kim Furtado. Dr. Furtado is currently expanding the team of parents and other volunteers to implement the SNAC program. Together, they are providing hands-on nutrition education and working to improve school food and children's health.

For more information, please contact DC Kuhns, Executive Director or Kim Furtado, N.D., SNAC Program Director at the Wellnet Foundation at 302-542-3400 or kfurtado@thewellnet.org or visit www.thewellnet.org.